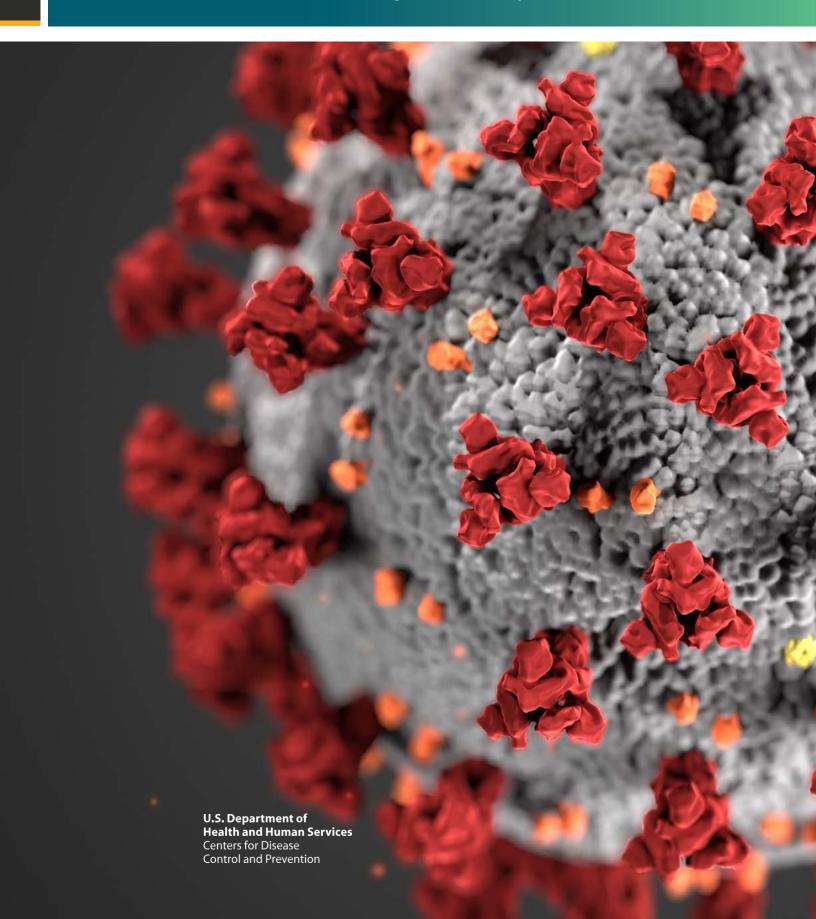
# Resuming Business TOOLKIT Coronavirus Disease 2019 (COVID-19)





#### **Contents**

Employer Sheet	5
Restart Readiness Checklist	6
Prevent and reduce transmission among employees	6
Maintain healthy business operations	9
Maintain a healthy work environment	12
Worker Protection Tool	15
Worker Protections	19
Keep yourself and others safe from COVID-19 when returning to work	17
Resources referred to throughout the Toolkit	18
Additional Resources	2

The **Resuming Business Toolkit** is designed to assist employers in slowing the spread of COVID-19 [1] and lowering the impact in their workplace when reintegrating employees into non-healthcare business settings. Not sure whether you're ready to resume business? Use CDC's decision tools [2-3] as a start.

#### This toolkit includes the following materials:



**Employer Sheet** to introduce employers to the contents of the toolkit and how to use the materials in non-healthcare workplaces



**Restart Readiness Checklist** to help make returning to work and resuming business operations as safe and healthy as possible for employers, employees, and the public



**Worker Protection Tool** for employers to identify protective measures for workers when interacting with each other and the public



**Returning to Work Infographic** to remind employees how to protect themselves and others from COVID-19 and address their potential concerns about returning to the workplace



**Resources** to easily access additional information using hyperlinks, URLs, and QR codes



#### **Employer Sheet**

#### **Resuming Business Toolkit for Coronavirus Disease**

The information in this toolkit is based on CDC's Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 (COVID-19) [4]. Be sure to thoroughly review this guidance for complete information.

Before resuming your non-healthcare business operations, it is important to consider how much the disease is spreading in your community and the readiness of workplace management to protect the safety and health of employees and the public. CDC's decision tools [2-3] can help with determine if it is time.

For information about conditions in your community, contact your local health department [5]. This toolkit provides a **checklist** to prepare the workplace for operations and a **tool** to navigate protective options for workers. Revisit materials regularly as the COVID-19 situation can change in your community.

- 1. Get started with the Restart Readiness Checklist, working with others in management to identify which checklist items apply to your business. Revisit the list as you make progress on items and as conditions in your area change.
- 2. Select protective measures in the Worker Protection Tool, based on the nature of your employees' interactions with other workers and/or the public. Consider whether multiple categories apply to your business, then work through those items.
- 3. Share the Returning to Work Infographic with employees.

  Depending on your business, consider the following ways of incorporating the infographic into the workplace:
  - ✓ Printand post in common areas such as break rooms, hallways, elevators, or bathrooms.
  - ✓ Email to employees, encouraging them to print a copy and place it where they will see it often in their office or workspace.
  - Read content during team meetings, reminding employees to reach out with anyquestions.



#### **Restart Readiness Checklist**

#### For Coronavirus Disease 2019 (COVID-19)

Use this checklist (for non-healthcare employers) as a guide to resuming business operations as safely and healthy as possible for you, your employees, and the public. Some items may need to be ongoing, so regularly revisit the checklist while COVID-19 cases exist. Only complete those items that apply to your business. See the Resources section for links and QR codes to web resources.

#### I. Prevent and reduce transmission among employees

Monitor federal, state, and local public health communications about COVID-19.

Item	Completed	Ongoing	Not Started	Not Applicable
Ensure workers have access to current information.				
Check local public health information [5] and the CDC COVID-19 website [1] daily, or as needed depending on local conditions.				
Reinforce how employees can protect themselves and other communicating the following:	rs from COVI	<b>D-19</b> by		
Item	Completed	Ongoing	Not Started	Not Applicable
If you have symptoms [6], notify your supervisor and stay home.				
If you are sick, follow CDC-recommended steps [7], and do not return to work until you meet criteria to discontinue home isolation [8].				
If you are well, but have someone in your household who has COVID-19, notify your supervisor and follow CDC recommended precautions [9].				
Wash hands [10] often with soap and water for at least 20 seconds, or use hand sanitizer with at least 60% alcohol if soap and water are not available.				
Avoid touching eyes, nose, and mouth.				
Cover mouth and nose with a tissue or inside of the elbow when coughing or sneezing, immediately throw tissue in trash, then wash hands.				

Item	Completed	Ongoing	Not Started	Not Applicable
Develop a cleaning and disinfecting plan [11]				
Clean and disinfect [12] frequently touched objects and surfaces at the beginning and end of each shift.				
Avoid using other employees' phones, desks, offices, or other work tools and equipment. Clean and disinfect between employees if sharing occurs.				
Avoid large gatherings, [13] and stay at least 6 feet from others when possible.				
Use cloth face coverings (if appropriate) [14] when social distancing is not possible, and especially in areas of with high levels of cases.				
Plan for conducting daily in-person or virtual health check screening) before employees enter the facility:	<b>s [15]</b> (e g , sy	/mptom and	ortempe	rature
Item	Completed	Ongoing	Not Started	Not Applicable
Use social distancing (about 6 feet distance), barriers or partitions, and/or personal protective equipment (PPE) to protect screeners.				
If taking temperatures, use touchless thermometers.				
Consider providing multiple screening entries.				
Consider designating doorways as "entry only" or "exit only.	"			
Make employee health screenings as private as possible.				
Do not determine risk based on race or country of origin; be sure to maintain confidentiality of each individual's medical status and history [16].				

#### Conduct a hazard assessment of the workplace.

Item	Completed	Ongoing	Not Started	Not Applicable
Identify potential hazards that might expose workers to COVID-19.				
Use the Worker Protection Tool to identify appropriate engineering, administrative, and personal protective equipment (PPE) options for your workplace.				
Plan for what to do if an employee is sick at work.				
Item	Completed	Ongoing	Not Started	Not Applicable
Immediately separate employees who appear to have symptoms [6] from others in the workplace.				
Have a procedure for safe transport of a sick employee to home or a healthcare facility.				
Develop an action plan for suspected/confirmed cas	es.			
Item	Completed	Ongoing	Not Started	Not Applicable
<b>If it has been fewer than 7 days</b> since the sick employee has been in the facility:				
Close off areas that have been used by the sick person for long periods of time (e.g., their desk or workstation).				
Wait 24 hours (or as long as possible), then clean and disinfe [12] the area.	ect			
Open outside doors and windows to increase air circulation during the waiting period.				
Item	Completed	Ongoing	Not Started	Not Applicable
If it has been 7 days or more since the sick employee used the facility, additional cleaning and disinfection beyond routine efforts is not necessary.				

Item	Completed	Ongoing	Not Started	Not Applicable
Determine which employees may have been exposed to the virus and may need to take additional precautions.				
Informemployees of their possible exposure to COVID-19 in the workplace, but maintain confidentiality [17].				
Most workplaces can follow the Public Health Recommendations for Community-Related Exposure [18].				
Critical infrastructure [19] workplaces can follow appropriate safety practices [20].				
2. Maintain healthy business ope Establish a COVID-19 coordinator.	rations	5		
Item	Completed	Ongoing	Not Started	Not Applicable
Identify a coordinator who will be responsible for COVID-19 issues and their impact at the workplace.				
Inform employees who this person is and how to communicate with that person.				
Implement sick leave policies and practices that a	are flexible	e and supp	portive.	
Item	Completed	Ongoing	Not Started	Not Applicable
Ensure sick leave policies and practices are consistent with public health guidance, follow state and federal workplace laws and policies, and are shared with employees.				
Allow employees to stay home, without penalty, to care for a sick family member or take care of children due to closures.				
If you do not offer sick leave, consider implementing non-punishing "emergency sick leave" policies.				
Do not require a COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.				

Protect higher risk employees [21].				
Item	Completed	Ongoing	Not Started	Not Applicabl
Support and encourage telework, if available.				
Consider offering vulnerable workers [22] duties that minimize their contact with customers and other employees (e.g., restocking shelves).				
<b>Communicate supportive workplace policies.</b> You may need to their preferred languages	o communica	te with non-E	English spe	eakers in
Item	Completed	Ongoing	Not Started	Not Applicabl
Train workers on how new policies to reduce the spread of COVID-19 may affect existing health and safety practices.				
Communicate to contractors or on-site visitors about changes to help control the spread of COVID-19.				
Create and test communication systems that employees can use to self-report if they are sick that you can also use to notify employees of exposures and closures.				
Assess essential functions and the reliance that others	s have on ye	our service	s or prod	ucts
Item	Completed	Ongoing	Not Started	Not Applicabl
Prepare to change your business practices, if needed, to maintain critical operations.				
•				

Identify alternate supply chains for critical goods/services.

When resuming onsite business operations, prioritize job functions for continuous operations. Resume business operations in phases.

#### Plan for employee absenteeism spikes.

Item	Completed	Ongoing	Not Started	Not Applicable
Monitor absenteeism at work.				
Implement plans to continue essential business functions.				
Cross-train employees to perform essential functions.				
Establish social distancing [23] policies and practic	es.			
Item	Completed	Ongoing	Not Started	Not Applicable
Implement flexible worksites, work hours, and meeting and travel options.				
Modify the workplace to increase physical space between employees, and between employees and customers, to 6 feet or more, where feasible.				
Use signs, tape marks, or other visual cues to indicate where to stand when physical barriers are not possible.				
Have employees and customers wear cloth face coverings (if appropriate) [14] when physical barriers or social distancing is not possible.				
Discourage handshaking or other close contact.				
Deliver services remotely.				
Move the electronic payment terminal/credit card reader farther away from the cashier, if possible.				
Shift primary stocking activities to off-peak or after hours, when possible.				

Delegate authority to local managers of your busine	ess location	ıs.		
Item	Completed	Ongoing	Not Started	Not Applicable
Take appropriate actions outlined in their COVID-19 response plans based on their local conditions.				
3. Maintain a healthy work envir	onmen	it		
Implement controls according to the hierarchy of co	ntrols [24]	to protect e	employee	s and the p
Item	Completed	Ongoing	Not Started	Not Applicable
Use the Worker Protection Tool to identify appropriate engineering, administrative, and personal protective equipment (PPE) options for your workplace.				
Modify ventilation systems [25]				
Item	Completed	Ongoing	Not Started	Not Applicable
Work with building maintenance staff to determine if the ventilation system can be modified to increase ventilation rates or the percentage of outdoor air that circulates into the system.				
Ensure ventilation systems operate properly and provide acceptable indoor air quality.				
Disable demand-controlled ventilation (DCV).				
Further open minimum outdoor air dampers (as high as 100%) to reduce or eliminate recirculation.				
Improve central air filtration to MERV-13, or the highest compatible with the filter rack, and seal edges of the filter to limit bypass.				
Ensure the safety of the water system of your buil	ding after a	prolonged	d shutdo	wn
Item	Completed	Ongoing	Not Started	Not Applicable
Follow the CDC Guidance for Building Water Systems [26].				

### Supplyemployees, customers, and visitors with what they need to clean hands and cover coughs and sneezes.

Item	Completed	Ongoing	Not Started	Not Applicable
Provide tissues, no-touch trash cans, and touchless hand sanitizer stations.				
Provide soap and water. If soap and water are not readily available, provide alcohol-based hand sanitizer that is at least 60% alcohol.				
Direct employees to visit CDC's coughing and sneezing etiquette [27] and clean hands webpage [28].				
Place posters that encourage cough/sneeze etiquette and hand hygiene [29-30] at the entrance to and throughout your workplace (e.g., bathrooms and kitchens). Include signs for non-English speakers, as needed.				
Perform routine cleaning and disinfecting.				
Item	Completed	Ongoing	Not Started	Not Applicable
Follow CDC's Guidance for Cleaning and Disinfecting [11] to develop, implement, and maintain a plan.				
<u> </u>				
develop, implement, and maintain a plan.  Clean all frequently touched surfaces at the beginning and end				
develop, implement, and maintain a plan.  Clean all frequently touched surfaces at the beginning and end of each shift, at minimum.  Clean dirty surfaces using a detergent or so a pand water				
develop, implement, and maintain a plan.  Clean all frequently touched surfaces at the beginning and end of each shift, at minimum.  Clean dirty surfaces using a detergent or so ap and water before you disinfect them.  Disinfect using EPA-registered disinfectant that is				
develop, implement, and maintain a plan.  Clean all frequently touched surfaces at the beginning and end of each shift, at minimum.  Clean dirty surfaces using a detergent or so ap and water before you disinfect them.  Disinfect using EPA-registered disinfectant that is effective against SARS-CoV-2 [31].  Provide disposable disinfecting wipes so employees can wipe				
develop, implement, and maintain a plan.  Clean all frequently touched surfaces at the beginning and end of each shift, at minimum.  Clean dirty surfaces using a detergent or so ap and water before you disinfect them.  Disinfect using EPA-registered disinfectant that is effective against SARS-CoV-2 [31].  Provide disposable disinfecting wipes so employees can wipe down commonly used surfaces before each use.  Store and use disinfectants in a responsible and appropriate				

<b>Limittravel</b> and advise employees who must travel to take additional precautions and preparation
--

Item	Completed	Ongoing	Not Started	Not Applicable
Minimize non-essential travel.				
Check the CDC's Traveler's Health Notices [32].				
Advise employees to check for symptoms of COVID-19 [6] before travel.				
Ensure employees who become sick while traveling or on temporary assignment know what to do.				
Call a healthcare provider for advice, if needed.				
Notify their supervisor.				
Follow company policy for obtaining medical care when traveling outside the United States				
Plan meetings and gatherings [13] to lower risk.				
Plan meetings and gatherings [13] to lower risk.  Item	Completed	Ongoing	Not Started	Not Applicable
	Completed	Ongoing		
Item	Completed	Ongoing		
<ul><li>Use videoconferencing or teleconferencing, when possible.</li><li>Cancel, adjust, or postpone large work-related meetings or</li></ul>	Completed	Ongoing		
Use videoconferencing or teleconferencing, when possible.  Cancel, adjust, or postpone large work-related meetings or gatherings.	Completed	Ongoing		
Use videoconferencing or teleconferencing, when possible.  Cancel, adjust, or postpone large work-related meetings or gatherings.  If videoconferencing or teleconferencing is not possible:	Completed	Ongoing		



#### **Worker Protection Tool**

#### For Coronavirus Disease 2019 (COVID-19)

Consider the exposure that your workers will have to potential sources of COVID-19 when you resume business operations. Use this tool to identify protective measures for interactions between workers and/or the public; revisit the tool on an ongoing basis while COVID-19 cases exist. Only complete items that apply to your business. See appendix for web resources.

#### **Worker Protections**

#### **Engineering**

Facilities and Equipment	Completed	N/A
Assess job hazards for potential benefit of engineering protections.		
Ensure ventilation and water systems operate properly.		
Alter the workspace to maintain social distancing [23]. Examples include:		
Arrange partitions as a barrier shield.		
Move electronic payment reader away from cashier.		
Use verbal announcements, signs, and visual cues to promote social distancing.		
Remove/rearrange furniture.		
Provide remote shopping alternatives (e.g., delivery, pick-up).		
Administrative—three catagories		
Management and Communications	Completed	N/A
Management and Communications  Monitor state and local public health communications about COVID-19.	Completed	N/A
-	Completed	N/A
Monitor state and local public health communications about COVID-19.	Completed	N/A
Monitor state and local public health communications about COVID-19.  Encourage sick workers to report symptoms, stay home, and follow CDC guidance.  Consider conducting daily in-person or virtual health checks [15] (e.g., symptom and/	Completed	N/A
Monitor state and local public health communications about COVID-19.  Encourage sick workers to report symptoms, stay home, and follow CDC guidance.  Consider conducting daily in-person or virtual health checks [15] (e.g., symptom and/ or temperature screening) before employees enter the facility:	Completed	N/A
Monitor state and local public health communications about COVID-19.  Encourage sick workers to report symptoms, stay home, and follow CDC guidance.  Consider conducting daily in-person or virtual health checks [15] (e.g., symptom and/ or temperature screening) before employees enter the facility:  Develop strategies to communicate with workers and manage concerns.		N/A
Monitor state and local public health communications about COVID-19.  Encourage sick workers to report symptoms, stay home, and follow CDC guidance.  Consider conducting daily in-person or virtual health checks [15] (e.g., symptom and/ or temperature screening) before employees enter the facility:  Develop strategies to communicate with workers and manage concerns.  Remind workers of available support services.		N/A
Monitor state and local public health communications about COVID-19.  Encourage sick workers to report symptoms, stay home, and follow CDC guidance.  Consider conducting daily in-person or virtual health checks [15] (e.g., symptom and/ or temperature screening) before employees enter the facility:  Develop strategies to communicate with workers and manage concerns.  Remind workers of available support services.  Communicate to partners, suppliers, and contractors on policies and practices.  Encourage social distancing and use of cloth face coverings (if appropriate) [14] for		N/A

Management and Communications	Completed	N/A
Close/limit use of shared spaces.		
Ask sick customers to stay home; post signs asking them not to enter if they are sick.		
Consider policies that encourage flexible sick leave and alternative work schedules.		
Schedule stocking during off-peak hours.		
Cleaning and Disinfection	Completed	N/A
Develop a plan for cleaning and disinfecting [11].		
Clean and disinfect frequently touched surfaces (e.g., counters, shelving, displays).		
Provide employees with disposable disinfectant wipes, cleaner, or sprays that are effective against the virus that causes COVID-19.		
Training	Completed	N/A
Provide training on:		
Policies to reduce the spread of COVID-19		
General hygiene		
Symptoms, what to do if sick		
Cleaning and disinfection		
Cloth face covers		
Social distancing		
Use of PPE		
Safe work practices		
Stress management		
Personal Protective Equipment (PPE)		
PPE	Completed	N/A
Conduct a workplace hazard assessment.		
Determine needed PPE for workers' job duties based on hazards and existing protections.		
Select and provide appropriate PPE to workers at no cost.		



## Keep yourself and others safe from COVID-I9 when returning to work

#### Clean your hands often



- ✓ Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, after blowing your nose, coughing, or sneezing, and after using others' or shared equipment.
- ✓ If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- ✓ Avoid touching your eyes, nose, and mouth with unwashed hands.

#### Avoid close contact



- ✓ Put distance (at least 6 feet) between yourself and other people.
- Wear cloth face coverings (if appropriate) when social distancing is difficult to maintain.
- Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. Clean and disinfect between employees if sharing occurs.
- Remember that some people without symptoms may be able to spread virus.

#### If you are at increased risk for severe illness...



Contact management to request special accommodations that will allow you to perform your job duties safely.



Protect yourself and others from COVID-19 by taking everyday preventive actions.



## Resources referred to throughout the Toolkit



 Coronavirus (COVID-19) go.usa.gov/xvHEE



6. <u>Symptoms of Coronavirus</u> go.usa.gov/xvHmR



2. Workplaces During the COVID-19 Pandemic go.usa.gov/xvucp



7. Whatto Do If You Are Sick go.usa.gov/xvHsF



 Restaurants and Bars Duringthe COVID-19 Pandemic go.usa.gov/xvuc7



8. <u>Discontinuation of Isolation for Persons with COVID-19 Not in Healthcare Settings</u> go.usa.gov/xvHem



4. Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 (COVID-19) go.usa.gov/xvHma



 Caring for Someone Sick at Home go.usa.gov/xvHew



5. <u>Directory of local health</u> <u>departments</u> bit.ly/LHDDirectory



10. When and How to Wash Your Hands go.usa.gov/xvz7T



 Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes go.usa.gov/xvz7R



17. Americans with Disabilities Act go.usa.gov/xvHtF



 Cleaning and Disinfecting Your Facility go.usa.gov/xvzH2



18. Public Health
Recommendations for
Community-Related Exposure
go.usa.gov/xvHz3



13. Gatherings and Community
Events
go.usa.gov/xvHeJ



19. <u>CISA's Guidance on the Essential</u> <u>Critical Infrastructure Workforce</u> go.usa.gov/xvHuV



14. Use of Cloth Face Coverings to Help Slow the Spread of COVID-19 go.usa.gov/xvzH8



20. ImplementingSafetyPractices
for Critical Infrastructure
Workers Who May Have Had
Exposure to a Person with
Suspected or Confirmed COVID19
go.usa.gov/xvHus



15. <u>General Business Frequently</u> <u>Asked Questions</u> go.usa.gov/xvHtY



21. People Who Areat Higher Risk for Severe Illness go.usa.gov/xvHJ8



16. EEOC's What You Should Know About the ADA, the Rehabilitation Actand the Coronavirus go.usa.gov/xvHt5



22. People Who Need to Take Extra
Precautions
go.usa.gov/xvHSR



23. <u>Social Distancing</u> go.usa.gov/xvHhV



29. <u>Print Resources</u> go.usa.gov/xv6qa



24. <u>Hierarchy of Controls</u> go.usa.gov/xvHhM



30. <u>Health Promotion Materials</u> go.usa.gov/xv6q4



25. ASHRAE's Guidance for Building Operations During the COVID-19 Pandemic bit.ly/ASHRAECOVID19



31. <u>List N: Disinfectants for Use</u>
<u>Against SARS-CoV-2</u>
go.usa.gov/xv635



26. Guidance for Reopening
Buildings After Prolonged
Shutdown or Reduced
Operation
go.usa.gov/xvHhh



32. <u>CDC's Travel Health Notices</u> go.usa.gov/xv63R



27. <u>Coughing and Sneezing</u> go.usa.gov/xv6qN



28. <u>Handwashing: Clean Hands</u> <u>Save Lives</u> go.usa.gov/xv6qJ

#### **Additional Resources**



COVID-19 Factsheets for Businesses and Employers go.usa.gov/xv63M



<u>Hazard Identification and</u> <u>Assessment</u> go.usa.gov/xv6dT



Personal Protective Equipment go.usa.gov/xv63h



<u>How to Protect Yourself and Others</u> go.usa.gov/xv6dV



Occupational Safety and Health Administration (OSHA) Standards go.usa.gov/xv6ph



OSHA Ten Steps go.usa.gov/xv6dd



<u>U.S. Department of Labor</u> go.usa.gov/xv6da



State & Territorial Health
Department Websites
go.usa.gov/xv6dG



U.S. Equal Employment Opportunity Commission
go.usa.gov/xv6dY



Coping with Stress go.usa.gov/xv6dg

This translation was not created by the Centers for Disease Control and Prevention (CDC) and should not be considered an official CDC translation. The CDC is not responsible for the content or accuracy of this translation.				